



Immanuel

Lutheran Church

Love. Serve. Repeat.

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September 2020



Pastor Bauman's weekly sermons will still be emailed to those who have given us their email addresses, and sent to others by regular mail. The emails contain a link to a video of the sermon on YouTube. Please be sure that the office has your latest contact information. Thank you!



ABOUT RE-OPENING OF OUR BUILDING

The following is some detail about what to expect when you return to church.

First, let me emphasize that as much as all of us would like to be together in one location again, this option is not one that all of us will feel comfortable taking at this time. Our survey reflects those concerns.

Each one of us has unique health concerns and responsibilities. So everyone should feel at peace with his or her decisions. We all support you!

Also, no one who is feeling ill in any way should try to come to church. That may seem obvious, but some may have the best of intentions and want to come to support the rest of us. We appreciate your good intentions. But please stay home. We will fully understand and appreciate your decision.

Now to the details....

- The building, including pews, will be sanitized before each Service.
- Our of concern for one another, it will be important to maintain social distancing of six feet minimum at all times, including as you enter and leave the church.
- Please be wearing a mask. The mask will need to be kept on except when receiving the Sacrament.

When you arrive:

- Expect a BIG smile of welcome from the person at the welcome table!
- There we will record names of all those in attendance.
- And there temperatures will be checked-- just because we love you and one another.
- Hand sanitizer will also be given at the table to be used before entering the church.
- Extra masks will be available
- You will be given the Service folder and newsletter as you enter.
- Some pews will be closed off. Sit at least six feet from others. Immediate families may sit together.
- We will have a “touchless” offering. The offering plates will not be passed, but will be placed on the back pews at the entranceway.

- No hymn-singing will take place in the Service, and the Liturgy will be spoken. At times there will be solos sung in the balcony. Singing hymns or liturgy projects the virus a much greater distance than speaking. Studies also are showing that masks can cause oxygen deprivation during singing.
- Instructions for safely receiving Holy Communion using pre-packaged elements will be given in the Service. We will not kneel together at the Altar.
- There will be no handshakes or hugs in the Service. And the pastor will not shake hands at the door--even though he will want to.
- If a rest room needs to be used, please wait for anyone already using it to exit and to leave the entrance hallway.
- The Service will end earlier than normal due to no singing.
- At the end of the Service, the congregation will be dismissed row by row by an usher in order to assure social distancing continues as we leave.

All of this will be very different from what we are used to. But we can do this! We have a wonderful reason to try our best.

“Wherever two or three gather in My Name, there am I in the midst of them.” - Jesus Christ

Finally, we will continue sending the weekly sermons, both printed versions and YouTube videos. They have been being received not only by our own congregation, but to a very surprising number of others who have appreciated them. Now they will normally be made available on Sunday afternoons rather than on Saturdays.

May our faithful Good Shepherd guide and guard us all as we walk together down new pathways!

And let's all pray that the threat of the pandemic will soon be so completely removed that all us may freely and joyfully gather together again, free of the present concerns. I have missed seeing you!

Pastor Bauman



MORE FROM OUR PASTOR

More church history as we prepare to celebrate our 150th Anniversary-- this time about our bell. It has its own story, like our country's Liberty Bell.



The bell in our tower was formerly in the tower of the old Immanuel Lutheran Church in Ontariosville. There it was rung manually.

It had been cast in 1895 in St. Louis, Missouri. It was at that time that it was decided to erect a tower on the church in Ontariosville. A note in our history reads,

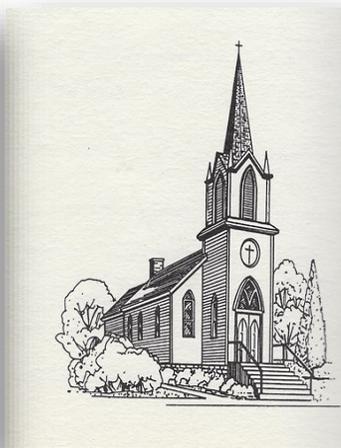
“The Hoosier Grove Evangelical and Reformed Church collected \$123.25 to purchase a bell for the newly-built tower on top of the church building.”

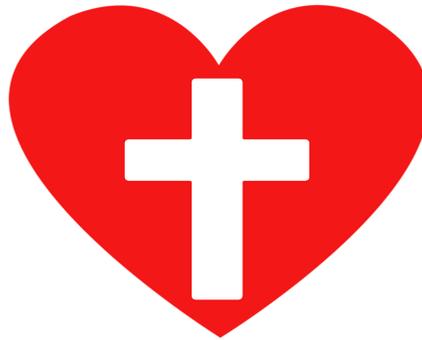
The bell weighs 800 pounds, has an “A” natural pitch and is 34 inches in diameter. Since it was moved to Immanuel’s new location in 1964, it is rung through an electronically controlled system.

The bell was renovated before it was moved. The bell tower of our present building was designed as a contemporary expression of the steeple of the original church.

What a wonderful role the bell has had in our life together! 125 years of calling young and old together for worship, where God Himself stoops to serve us by Word and Sacrament. Tolling for those entering life everlasting.

A real bell-- not an electronic or digital imitation. Like the Real Presence of the One who abides with us always.

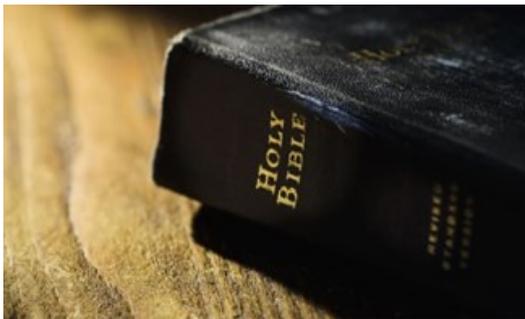




**Do
Everything
in Love**
1 Cor. 16:34

September Birthdays

Isaiah Guerra	09/03	Roger Dreher	09/11
Sunil Bhatti	09/04	Bonnie Hulke	09/15
Norman Williamson	09/04	Marty Sterrett	09/21
Jessica Bhatti	09/09	Jacob Anderson	09/23



Join Us for a Study of The Beatitudes

What are you doing Sunday mornings at 10:30? You and your family are cordially invited to join us in the Study of the Beatitudes. It's safe, at home, and we meet with God. We meet virtually. We would be happy to send you an invitation to join our meeting. Please just drop me an email with your e-address and I will include you in Sunday's Study. You may email me at: shover2004@yahoo.com. You will be so happy you did! It's a wonderful feeling to see your

friends at Immanuel. *Sally*

Treasurer's Report September 2020

Hello members and friends of Immanuel,

This month's report will be shorter than usual for two reasons. First, after many years of faithful service, my computer crashed two weeks ago. It's in the "computer hospital" having all of its information transferred to another computer. Many thanks to our faithful office secretary, Lynn, who graciously volunteered to type my report. Secondly, Immanuel will be re-opening for services this Sunday, so I look forward to seeing many familiar faces that I haven't seen for quite some time. This has been quite a turbulent year for everyone so far. Hopefully this pandemic will soon come to an end.

Finances

Offerings for August were \$6,236 compared to \$8,388 for August 2019. Perhaps it is a sign that everyone is becoming simply "worn out" over the pandemic news that bombards us daily, but August offerings were the lowest since March when all of this started and the "lockdown" began, closing churches as well as many businesses. Hopefully contributions will increase as in-church services resume and many start to return to work. Immanuel's expenses for August were \$7,225 compared to \$9,393 for August 2019. Again, the difference is due to the interest only mortgage payment which began in July.

Controlling Expenses

Fox Valley Fire and Safety maintenance repair estimates. Terry Kainz is still awaiting a resolution and response as discussed in the August Newsletter.

Staying Busy – Volunteers

Bob, Dick and John – Continue weekly mowing of lawns at the church, parsonage and cemetery properties and caring for the variety of bushes, plants and flowers around the church building.

Bob and Dick – Prepared and patched 12 potholes in the driveways – that's 18 – 50 # bags of patching material and about 20 – 5 gallon buckets of loose blacktop chunks and stones hauled to the dumpster over two work days. Needless to say we skipped the gym those days.

Bob and Dick – Performed mid-season maintenance on the lawn tractor and lawnmower as we have done mid-August for many years too numerous to even count.

Now that church services have resumed, you too will be able to now enjoy how beautiful the church looks when you drive up. Also, notice the messages on the sign thanks to Lynn and John's periodic updating.

And... Please continue to remember our members and friends at Clare Oaks, many of which may not be able to return to church services as quickly as others. If you are able to volunteer to pick up and return some of these folks for in-church services, please let me know

Stewardship Thought – It's not how much we give, but how much love we put into giving.

Blessings to all.

Bob Brinkman
Treasurer



From Pastor Bauman: Pastor Dean Pittelko became a member of Immanuel's congregation just before the Pandemic. We have not yet had the opportunity to officially welcome new members since that time. He is a trained pastoral counselor, and since retiring from the parish ministry, he has been re-developing his practice. He kindly agreed to write some articles for our monthly newsletter. I asked him to include his contact information. During this time of stress for many, he provides several ways to meet with him.



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Online therapy and also located throughout suburban Chicago | 844 . 244 . 8560

dr.deancounseling@gmail.com | <https://www.myc4counseling.com>

Jesus said: "I have come
that they may have

Rev. Dr. Dean Pittelko, BCPC, CARS, CBTP

*Board Certified Pastoral Counselor, Certified Addiction Rehabilitation Specialist,
Cognitive Behavioral Therapy Practitioner*

STRESS is something a lot of us thought was something people complained about because they could not deal with everyday life. Not so! Mayo Clinic has among the best psychiatric [medical] and psychological [behavioral and emotional] departments for treatment and teaching faculties in the world. They say that stress can ultimately kill you if left unaddressed, it is so dangerous. By now, most folks realize the reality of stress, I think, but have yet to recognize the seriousness of it, or at least how serious it can be.

Mayo Clinic doctors, mental health experts and researchers [along with professionals from other institutions] have found that stress can affect your body, your thoughts, emotions, and behavior. Without proper intervention It can cause or worsen heart disease and high blood pressure, diabetes, obesity, disrupt sleep, cause headaches, stomach problems, muscle tension, give you a greater regularity of colds and flu and lead to anxiety and depression and worsen already existing mental health issues.

Along with these common symptoms of having too much stress in your life, Mayo Clinic also points to these issues: drug or alcohol misuse and abuse, withdrawing socially, experiencing problems with anger and outbursts of anger, eating too much or too little, and finding it difficult to get motivated to exercise. Your mood is also adversely affected by an overload of stress causing restlessness and/or anxiety, lack of focus, causing a sense of feeling overwhelmed, being sad, depressed or irritable. You can see some of the similarities with both depression and anxiety. To see where you are at personally requires assessment and diagnosis. After that, an appropriate course of intervention and treatment can be put into place and then we begin to work on your issues together as a team, learn how to cope with your stressors successfully and a plan can be put into place.

With the Covid-19 pandemic, a world full of stress has just increased the stress we are all under many times over, especially considering the situations we live in to begin with. The death of a loved one or someone we are close to being treated in the hospital are at the highest level of stress causers. Caregivers to those who are sick or parents of small children stuck inside have it really tough. Some torturously so. But even those of us who have voluntarily remained within our homes and gone out for groceries, other necessities or to get some exercise away from others are dealing with an incredible amount of real stress. As U.S. citizens, we are used to being mobile, active, people on the move – even as we age and already live with some limitations our freedom to come and go as we please is important! Many of us are “climbing the walls” in late summer when we would be out and about, to whatever degree is normal for us.

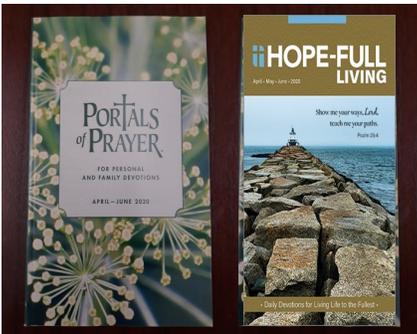
Our “suffering in place” and feeling stressed about it is no sign of weakness. It is a natural response to a major change in our lives. Any negative stress causing issues for us is normal – we DO live in stressful times, even without the coronavirus. How to cope? Maybe you would consider a couple sessions with me? Right now appointments are online-therapy sessions. As long as you have a device with internet, a screen, camera and sound [almost all computers, tablets and phones have these now], we are good to go. A less ideal format is to do a phone session – not great, but it works. The fee for a 60 minute session for people affiliated with an LC—MS church or school/child-care, adult day-care or other ministry is discounted to \$40. I work with people in economic need and can go down as low as \$25 if you can validate necessity. Call me at 844/244-8560 or email me at dr.deancounseling@gmail.com **[NO text messages please!]**. When you work with me, you are in *THE NO JUDGMENT ZONE* and will be listened to in a caring, respectful manner – no matter what! Let’s talk!



Keep using the AmazonSmile icon for your Amazon purchases, Once again, the link is <http://smile.amazon.com/ch/36-6414746>.

Or go to our website and click on the AmazonSmile icon.

Remember: Every little bit adds up!



Portals of Prayer/Hope-Full Living

Portals of Prayer has been a favorite devotional of generations of Concordia Publishing House readers, a timeless daily source of strength and comfort since 1937. In addition to the *Portals of Prayer* quarterly print publication, CPH also of-

fers it as a digital app. A new resource CPH is introducing this fall is the *Portals of Prayer Devotional Bible*, which weaves more than 700 devotions into the entire ESV translation of Scripture. Learn more at cph.org/portalsbible.

Hope-Full Living is a newer devotional booklet with daily devotions and especially written for older adults. Many who have used it report finding it very helpful.

The latest edition of *Portals of Prayer*,... also in large print and *Hope-Full Living* are available in the church narthex or to be mailed to you by calling the church office at (630) 837-1166.

Immanuel Ev. Lutheran Church - Bartlett
CHURCH SERVICE RE-OPENING - PLANNING SURVEY RESULTS

1. Immanuel would like to re-start services at the church for its membership.

a. Would you attend these services if we re-started them in August?

YES (9) NO (6) Would Consider (5)

b. If NO, would you attend these services if started later in the year, circle the preferred choice?

September (4) October (2) November December Next Year

2. Immanuel is planning to re-start church services, perhaps initially without Communion, and are considering these options for resuming:

a. Would you and your family attend an outdoor service in the parking area, using the pavilion as the Chancel, and the congregation socially distanced by seating on the lot and grass, or in cars with an FM transmission of the service in your car?

YES (5) NO (8) Would Consider (7)

b. Would you and your family attend an indoor service in the Church with all the sanitation requirements, masks, and pew usage spaced for 6 ft. social distancing to meet CDC requirements?

YES (16) NO (1) Would Consider (3)

c. Would you prefer that services initially include Communion?

YES (13) NO (6)

3. When communion is started, following the consecration of the Elements to be served, we are considering these options depending on service location:

a. For outdoor service, distributing prepacked sealed packets with a sanitized tray individually to communicants, and collecting empty packets for appropriate disposal?

YES (8) NO (5) Would Consider (7)

b. For indoor service distribution, recipients approaching the chancel individually or family groups, serving the Communion Elements using a tray sanitized for each individual or family group, and recipients stepping to another table nearby for consumption and empty cup/packet placement, then returning to your pew, all while maintaining social distancing?

YES (14) NO (3) Would Consider (3)

4. For Communion Elements indoors, which would you be comfortable in using:

a. Purchased prepacked sealed packets with wafer and wine in individual servings?

YES (14) NO (3) Would Consider (3)

b. Wafer and individually poured cup served to an individual with a tray sanitized for each individual?

YES (9) NO (9) Would Consider (2)

